



Emergency and Response Team regarding violence among children

Púlsinn (The Pulse) is an emergency and response team for children aged 10–18 who exhibit or threaten physical violence, and for their families. Púlsinn is a collaborative project between the municipalities in the capital area, the Reykjavik Metropolitan Police, and the National Agency for Children and Families.

Schools, youth centers, social and child welfare services, the police, and other child service providers can activate Púlsinn. The team works on a temporary basis for each child's case, ranging from a few days up to several weeks.

Púlsinn responds quickly and aims to prevent further violence. Its goal is to address threats and violent behaviour as expressions of risk-taking behaviour in a social context. For Púlsinn to become involved, the threats or violence must have been intentional or carried out in self-defence against an immediate threat.

The team's services are tailored to the needs of each child. Púlsinn's staff include individual counselors, psychologists, and social workers who provide support to children and their families. The services may include, for example, parental guidance within the home, support during school hours, temporary services outside of school during school hours, individual support, and psychological services.